

Exemplar Student-name

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Summary

Manager completing PhD studies in employment and health. Five years' professional experience managing projects, budgets, and people. Now keen to use both my research and professional skillset to deliver insight and analysis in organisations working to improve employee and consumer health.

Education

PhD Epidemiology, London School of Hygiene and Tropical Medicine **2019-2022**

- Thesis: Understanding the relationship between health and work in the UK labour market: an epidemiological study. Expected submission: October 2022

MSc Social Epidemiology, UCL (Distinction) **2018-2019**

- Including: [Most relevant module], [other relevant modules]
- Dissertation: Mental health and employment absence in the UK: a literature review

BA(Hons) Economics and Mathematics, University of Oxford (First) **2010-2013**

- Completed optional module on applied statistical methods, focusing on health
- Extracurricular: Student Consultancy, eight-week project supporting a local business with basic training in business analysis.

Relevant experience

PhD Researcher, London School of Hygiene and Tropical Medicine **2019-2022**

- Mapped the relationship between employment status and a group of health indicators
- Determined the strength and direction of the association using [quantitative techniques]
- Combined quantitative data with a qualitative study, interviewing 120 individuals
- Highlighted a set of 23 dominant trends supported by both the qualitative and quantitative aspects of the studies, and the linear and networked relationships between them.

External Researcher, 'Care about Casual', Mind for Men **Summer 2021**

- Proactively contacted the charity, to share findings from my PhD study, and explore collaborative opportunities, given their surveys in this regard.
- Collaborated with Head of Research on a successful funding bid to a charitable foundation, financing my summer project and the subsequently informational campaign
- Employed [statistical techniques] to analyse their own specific longitudinal data relating to the development of depression in the working-age male population.
- Co-created infographic campaign to raise awareness of mental health impacts.

Employment Resources and Training Manager, HR Resources UK **2015-2018**

- Contributed to company portfolio of training activities and learning resources for staff
- Initiated and delivered a £150k online learning project giving 24/7 access to training
- Led a team of three, prioritising our work based on staff needs and business objectives
- Developed strong working relationships with divisional managers, leading to two new collaborative projects, one of which won the internal 'Breaking Silos' award in 2017
- Supported others: received a 'gold star' on my development review based on feedback from my direct reports, managers, and peers for positive contribution to team morale.

Secondary School Teacher, TeachFirst (Birmingham Academy) 2013-2015

- Selected to competitive graduate programme for teacher training in areas of deprivation
- Completed intensive training programme in 6 weeks, before teaching a full class load
- Supervised my Year 9 (13–14-year-old) tutor group, taking responsibility for pastoral care
- Coordinated 20 student volunteers and engaging 70% of the school community in activities from pupil mindfulness classes to staff mental health first aid training.
- Managed a 30-hour teaching week with 25 hours of additional administration, marking and planning, plus additional termly leadership training with the TeachFirst programme.

Technical skills

Quantitative techniques: multivariable modelling, cluster-randomised trials, meta-analysis, and systematic review, and linear, logistic, Cox and Poisson regression models.

Qualitative techniques: including questionnaire design, sampling strategies, and documentary, observational and participatory research approaches.

IT skills: Stata, R, and Microsoft Office suite (including Excel, SharePoint and Teams).
Confident user of Windows and macOS operating systems.

Publications

Student-name, F., Banner, B., Stark, A. et al. (2022) Patterns in mental health outcomes for workers moving into casual employment: a longitudinal study 2005-2019. *Relevant Journal of Health A.* 12(2), 111-123. (Published online: <https://doi.org/12.3456/a>)

Student-name, F., Causal, C., et al. (2021) What does casual work have to do with it? The link between depression and casual work (published online: https://mindformen.co.uk/this_study)

Stark, A., **Student-name, F.,** Banner, B., et al. (2021) Patterns in mental health outcomes for workers moving out of unemployment: a longitudinal study 2005-2019. *Relevant Journal of Health A.* 12(2), 111-123. (Published online: <https://doi.org/12.3456/b>)

Stark, A., Banner, B., **Student-name, F.,** et al. (2020) Multivariate analysis of health data with and improved estimation of employment factors. *Relevant Journal of Health A.* 12(2), 111-123. (Published online: <https://doi.org/12.3456/c>)

Conferences and presentations

University of Gotham, Joint PhD student conference (presented)	2022
University of Wakanda, Social Epidemiology International Conference (presented)	2022
UK Health Data Network, PhD student conference (delivered workshop)	2022
UK Health Data Network, PhD student conference (presented online)	2021

References

References available on request.