CAREER TALK

THE CAREER OF DR THEODORE BAZAS, ALUMNUS OF THE LONDON SCHOOL OF HYGIENE AND TROPICAL MEDICINE OF THE UNIVERSITY OF LONDON (LSHTM),

Dipl.Med., MD, MScOccMed(London), DIH(Conjoint, England), Member (and Dissertation Assessor) of the Faculty of Occupational Medicine of the Royal College of Physicians of London, Specialist in Occupational Medicine (JCHMT, UK),

CONSULTANT OCCUPATIONAL PHYSICIAN, National Secretary of the International Commission on Occupational Health (ICOH) for Greece [1996-2012, elected for 2013-2015],

Former WHO/EMRO Regional Adviser on Non Communicable Diseases

A CAREER TALK AT THE LSHTM (LUCAS ROOM), 13:00 hrs, 3 DECEMBER 2013

TALK OUTLINE

- MOTIVATING FACTORS
- GOALS
- CAREER SUMMARY
- IMPORTANT CAREER ELEMENTS
- CAREER MISTAKES AND DIFFICULTIES
- CAREER REWARDS
- CAREER ADVICE

A. MOTIVATING FACTORS

- 1. FAMILY BACKGROUND (3RD GENERATION PHYSICIAN)
 - STANCE OF LIFE (PROCLIVITY FOR SELF-IMPROVEMENT, UPWARD LOOKING AND CARING ATTITUDE),
 - INFORMATION, ENCOURAGEMENT
- 2. WHO
 - WHO/HQ VISIT,
 - WHO/EURO REGIONAL COMMITTEE FOR EUROPE
- 3. LONDON SCHOOL OF HYGIENE AND TROPICAL MEDICINE (CENTRE OF EXCELLENCE)
 - CONTENT AND ORGANIZATION OF LECTURES/TUTORIALS,
 - PERSONALITIES, ABILITIES & CAREERS OF COSMOPOLITAN STAFF & FELLOW STUDENTS,
 - LIBRARY FACILITIES & SERVICES, GENERAL ADMINISTRATION

B. GOALS

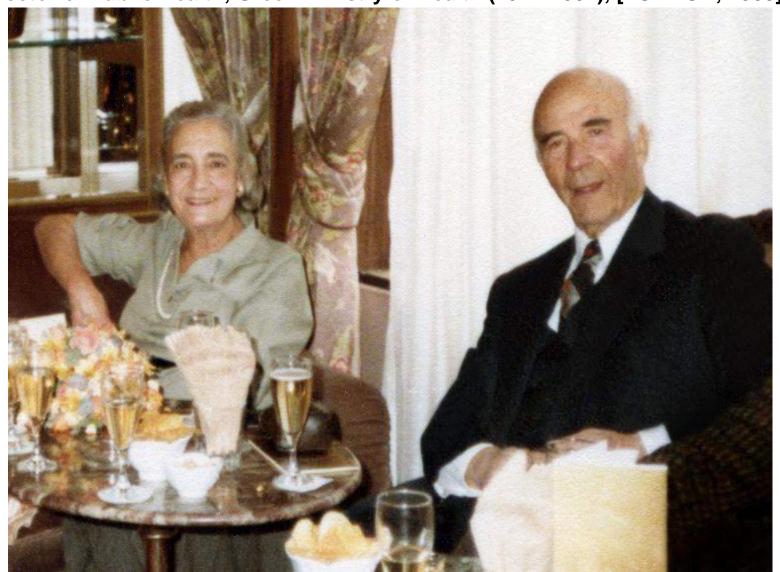
TO HAVE A FULFILLING, BALANCED AND PLEASANT LIFE

- TO CONTRIBUTE TO SOCIETY AND TO MY SPECIALTY THROUGH MY WORK
- TO HAVE MY CONTRIBUTION RECOGNISED
- TO WORK FOR THE WORLD HEALTH ORGANIZATION

TO APPLY AND EXPAND MY PROFESSIONAL EXPERIENCE
 AS CIRCUMSTANCES MIGHT PERMIT (UTILISING PERSONAL ATTRIBUTES)

PARENTS OF DR THEODORE BAZAS,

DR VASSILIS (BASIL) BAZAS, MD, PhD, DIH (LSHTM, Soc. Apothecaries, London), Pioneer of Occupational Medicine in Greece (1911-1996), DR ATHINA BAZAS, MD, PhD, MSc in Health Education (LSHTM, London), Director of Public Health, Greek Ministry of Health (1914-2004), [LONDON, 1985]



DR DIMITRIOS MESINEZI, MD, MPH(Harvard)

A DIRECTOR OF THE WORLD HEALTH ORGANIZATION (WHO, HQ), WHEN IT WAS FIRST ESTABLISHED (1948). AUTHOR OF THE BOOK "WHO: THE FIRST 20 YEARS". AN INSPIRATION TO DR T. BAZAS, MOTIVATING HIM (1968) TO WORK FOR WHO.



C. <u>CAREER SUMMARY</u> (OF A 40 YEARS LONG CAREER, I.E. SINCE 1974)

GREECE (1974-1978)

- 1. DIPLOMA IN MEDICINE (QUALIFYING DEGREE)
- 2. SECOND LIEUTENANT OF GREEK (NATO) ARMY MEDICAL CORPS
- 3. UNIVERSITY OF ATHENS MEDICAL SCHOOL DEPARTMENT OF HYGIENE AND EPIDEMIOLOGY (MD DEGREE) AND
- 4. HEALTH PLANNING SECTION AT GREEK MINISTER'S OF HEALTH OFFICE <u>AND</u>
- 5. INTERNAL MEDICINE UNIT OF UNIVERSITY HOSPITAL IN ATHENS (COMPLETION OF TRAINING IN INTERNAL MEDICINE),
- 6. PUBLIC HOSPITAL FOR INFECTIOUS DISEASES OF ATHENS

WHO/EURO REGIONAL COMMITTEE ANNUAL MEETING, LONDON, 1978



WHO/EURO RC MEETING, LONDON, 1978, DR T BAZAS, GREEK DELEGATE



WHO/EURO RC,LONDON,1978, H MAHLER, WHO DG,T BAZAS, GREEK DELEGATE



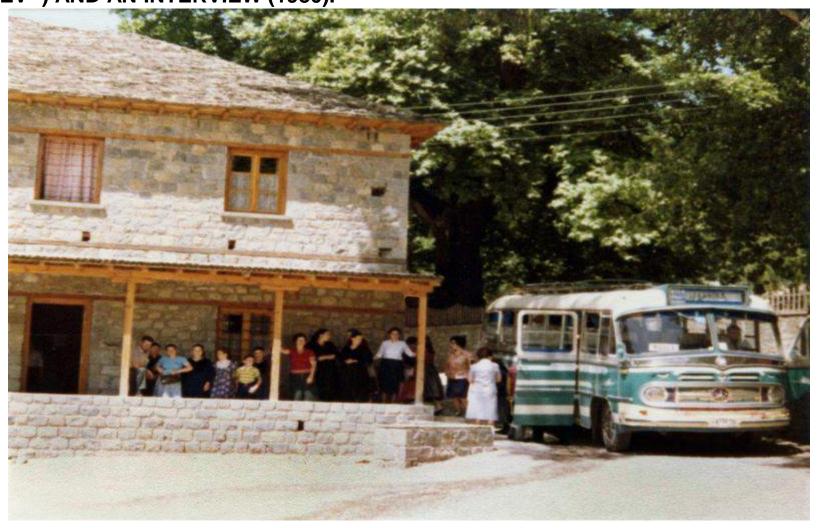
LSHTM, TUC INST. OH, T BAZAS, N CHERRY, A WALDRON, K VENABLES (1981)



PLEURAL CALCIFICATION IN NW GREECE STUDY

(HEALTH PLANNING SECTION, GREEK MINISTRY OF HEALTH, TUC CENTENARY INSTITUTE OF OH, LSHTM).

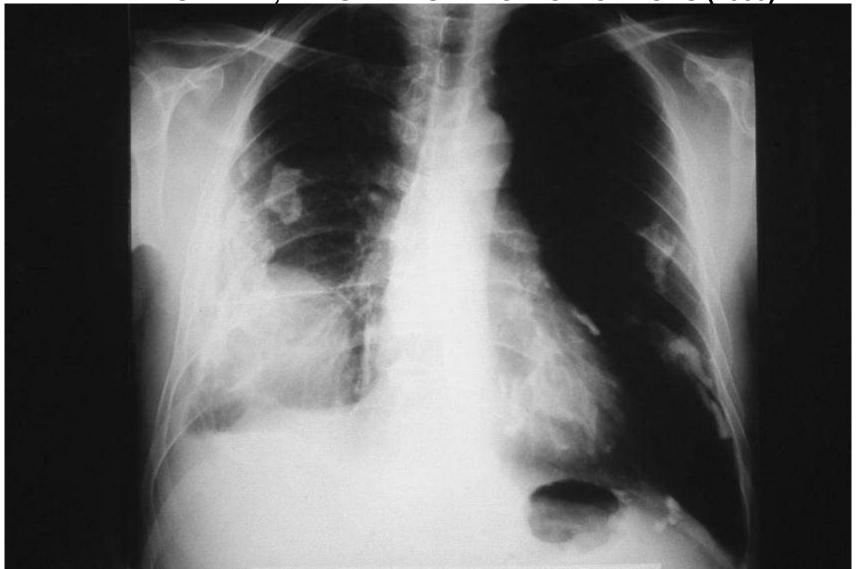
GROUP OF RESIDENTS OF MILEA VILLAGE ARRIVING BY BUS AT METSOVO HEALTH CENTRE TO HAVE CHEST X-RAYS, A SPIROMETRIC EXAMINATION (FVC, FEV¹) AND AN INTERVIEW (1980).



PLEURAL CALCIFICATION IN NORTH WEST GREECE STUDY (1980). DR T. BAZAS, PRINCIPAL INVESTIGATOR, INSIDE THE METSOVO VILLAGE HEALTH CENTRE, INSTRUCTING FIVE RED CROSS NURSES REGARDING THE EXAMINATIONS OF 408 RESIDENTS (15% RANDOM SAMPLE), OF 3 VILLAGES.



PLEURAL CALCIFICATION IN NORTH WEST GREECE STUDY.
A TYPICAL CHEST X-RAY OF A RESIDENT OF MILEA VILLAGE
WITH MULTIPLE, LARGE PLEURAL CALCIFICATIONS (1980)



PLEURAL CALCIFICATION IN NORTH WEST GREECE STUDY.

A PLEURAL PLAQUE (CONTAINING TREMOLITE FIBRES) FROM A RESIDENT OF

MILEA VILLAGE (1980)



PLEURAL CALCIFICATION IN NW GREECE STUDY.
HANGING THE CHEST X-RAYS OUTSIDE THE METSOVO VILLAGE HEALTH
CENTRE TO DRY AND SHOWING THEM TO THE EXAMINED PEOPLE (1980).



UK (BRITISH COUNCIL SCHOLARSHIP, 1978/79)

- 1. MSc IN OCCUPATIONAL MEDICINE [INCORPORATING DIPLOMA IN PUBLIC HEALTH] (LSHTM),
- 2. DIPLOMA IN INDUSTRIAL HEALTH (CONJOINT ENGLAND)
- 3. EDUCATIONAL VISITS TO OH UNIVERSITY DEPARTMENTS, OH INSTITUTES, OH SERVICES OF INDUSTRIAL ENTERPRISES (UK)

CERTIFICATE "ADVANCED EPIDEMIOLOGIC METHODS", FIOH, HELSINKI, 1980

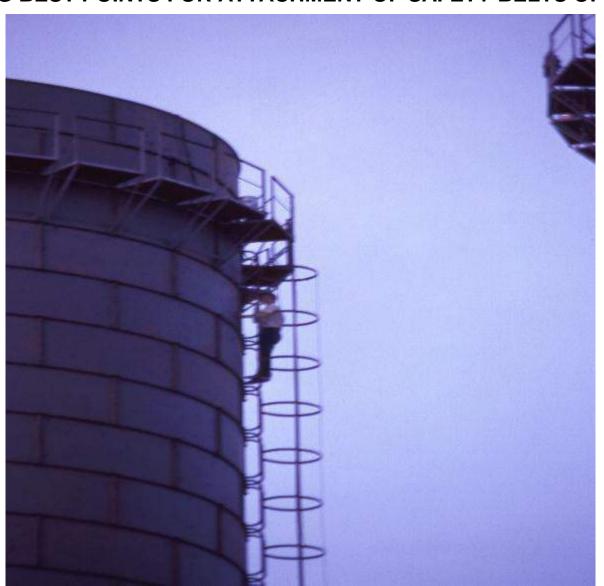
GREECE (1980-1982)

- 1. COTTON MANUFACTURING COMPANY <u>AND</u>
 CEMENT MANUFACTURING COMPANY <u>AND</u>
 DETERGENTS MANUFACTURING COMPANY (UNILEVER SUBSIDIARY),
- 2. GREEK RED CROSS HIGHER SCHOOL OF PUBLIC HEALTH NURSING,
- 3. GREEK MANAGEMENT ASSOCIATION
- 4. WHO/EURO TEMPORARY ADVISER ON OCCUPATIONAL HEALTH EPIDEMIOLOGY

DR THEODORE BAZAS, OCCUPATIONAL PHYSICIAN, PROVIDING OH SERVICES TO INTERCIMENT CO. (A SUBSIDIARY OF GREEK "TITAN CEMENT MNFG CO"), BUILDING CEMENT SILOS FOR YEMEN CEMENT SILOS CO. BY THE RED SEA, SALIF, NORTH YEMEN, 1980



DR THEODORE BAZAS (OCCUPATIONAL PHYSICIAN, INTERCIMENT CO. [A SUBSIDIARY OF GREEK "TITAN CEMENT MNFG CO"], BUILDING CEMENT SILOS FOR YEMEN CEMENT SILOS CO. BY THE RED SEA, SALIF, NORTH YEMEN, 1980) CHECKING BEST POINTS FOR ATTACHMENT OF SAFETY BELTS OF BUILDERS



<u>UK</u> (1982-1983)

ST THOMAS'S HOSPITAL MEDICAL SCHOOL, UNIVERSITY

OF LONDON AND

COSTAIN (UK/INTERNATIONAL CONSTRUCTION COMPANY)

EUROPEAN COMMISSION JOINT RESEARCH CENTRE, MEDICAL SERVICE,

ITALY (1984-1985)

<u>UK</u> (1985-1990)

- 1. TOWER HAMLETS DISTRICT HEALTH AUTHORITY (LONDON),
- 2. WANDSWORTH DISTRICT HEALTH AUTHORITY (LONDON)

 AND
 ROBENS INSTITUTE OF INDUSTRIAL AND
 ENVIRONMENTAL HEALTH AND SAFETY, UNIVERSITY OF SURREY
 (GUILFORD),
- 3. POLYTECHNIC OF THE SOUTH BANK

WORLD HEALTH ORGANIZATION EASTERN MEDITERRANEAN REGIONAL OFFICE (ALEXANDRIA, EGYPT, REGIONAL ADVISER ON NCDs, 1990-1991)

GREECE (1992 – 2013)

- 1. COMMITTEE OF OCCUPATIONAL MEDICINE, CENTRAL COUNCIL OF THE GREEK MINISTRY OF HEALTH,
- 2. MEMBER OF WHO/HQ EXPERTS' ADVISORY PANEL ON OH,
- 3. MEMBER OF WHO/HQ TASK FORCE ON CHILD LABOR AND ADOLESCENT WORKERS,
- 4. CORRESPONDENT PHYSICIAN OF THE <u>EUROPEAN COMMISSION MEDICAL</u> <u>SERVICE (BRUSSELS)</u> IN GREECE,
- 5. <u>INTERNATIONAL COMMISSION ON OCCUPATIONAL HEALTH (ICOH) NATIONAL SECRETARY FOR GREECE,</u>
- 6. PSYCHICO MUNICIPALITY (ATHENS), COMMITTEE OF HEALTH AND WELFARE, MEMBER IN CHARGE OF OH ACTIONS AND OF OH HEALTH ADVISORY OFFICE,
- 7. CONSULTANT OCCUPATIONAL PHYSICIAN (VARIOUS SERVICE ENTERPRISES),
- 8. HELLENIC INSTITUTE FOR OH, 1ST PROGRAM COORDINATOR,
- 9. GREEK RED CROSS HIGHER SCHOOL OF NURSING, HON.VISITING PROFESSOR, GREEK MANAGEMENT ASSOCIATION, LECTURER IN OH, COURSE ORGANISER

DR THEODORE BAZAS, FIRST PROGRAM COORDINATOR, HELLENIC INSTITUTE FOR OCCUPATIONAL HEALTH AND SAFETY (NEWLY ESTABLISHED, NATIONAL, BIPARTITE), WITH BOARD AND SENIOR STAFF (ATHENS, 1994)



DR THEODORE BAZAS, MEMBER (IN CHARGE OF OCCUPATIONAL & PUBLIC HEALTH ACTIONS), COMMITTEE OF HEALTH & WELFARE, MUNICIPALITY OF PHILOTHEI-PSYCHICO, ATHENS,

MEASURING URBAN NOISE PRODUCED BY LEAF BLOWER (12.2012)



D. <u>IMPORTANT CAREER ELEMENTS</u>

PUBLICATIONS

- 1. PUBLISHED ARTICLES IN PEER REVIEWED JOURNALS (20 IN GREEK, 18 IN ENGLISH, 117 DIFFERENT CITATIONS IN OTHER AUTHORS' PUBLICATIONS MENTIONED IN THE WEB OF SCIENCE, USA SCI AND SSCI),
- 2. THREE BOOKS
 (IN MAJOR LIBRARIES IN THREE CONTINENTS),
- 3. CHAPTERS IN THREE BOOKS (WHO, IUHE, INDOOR AIR INTERNATIONAL)

DIVERSITY OF ACTIVITIES

CLINICAL, TEACHING, RESEARCH, ADMINISTRATIVE

INTERNATIONAL ORGANIZATIONS

IUHE, ICOMH, ICOH

E. CAREER MISTAKES AND DIFFICULTIES

RESIGNATIONS, CHANGING COUNTRIES,

RETURN TO GREECE,

PERSONAL LIFE

F. CAREER REWARDS

TO HAVE BEEN INVITED TO GIVE THIS CAREER TALK HERE TODAY IS A JOY, AN HONOR AND A GREAT MORAL REWARD FOR ME.

PROPOSER [FORMER DEAN OF THE THE FACULTY OF OCCUPATIONAL MEDICINE (FOM) OF THE ROYAL COLLEGE OF PHYSICIANS OF LONDON] FOR THE FELLOWSHIP OF THE FOM (OCTOBER 2013)

"Greece has few occupational physicians and the speciality is not well developed there. Nevertheless Dr Bazas has been a tireless advocate for the speciality and contributed significantly in his own country and internationally.

He has an impressive list of publications which cover a range of areas in Occupational Health, some practical & some academic; some on his own initiative and some with collaborators.

He has occupied a number of high level positions in Occupational Health and been very active in promoting this speciality and applying the principles to aspects of Public Health.

He is a member of many societies and institutions and contributes actively to them where relevant.

Being resident in Greece makes work for FOM difficult but he has assessed dissertations. He has, by all accounts, complied with the FOM Continuing Professional Development requirements in 2012/13..."
PROFESSOR DAVID C. SNASHALL, FFOM, FRCP, KING'S COLLEGE, LONDON, 4.10.2013

From the President Dr Olivia Carlton FRCP FFOM FFOMRCPI(Hon)

Dr T Bazas Consultant Occupational Physician 22 Yakinthon Street 154 52 Psychico Athens GREECE

12 August 2013

Dear Dr Bazas,



3rd Floor, New Derwent House 69-73 Theobald's Road London

WC1X BTA

t: 020 7242 8698 f: 020 3116 6900 e: fom@fom.ac.uk www.tom@fom.ac.uk

Registered Charity No 1139516 Scottish Charity No SC040060 Registered in England No 07461063 VAT Registration No 798 6804 62

Thank you for your work with the Faculty

I would like to take this opportunity to thank you for your ongoing and very much appreciated work with the Faculty as a Dissertation Assessor.

The Faculty's membership is its lifeblood. It is only through the dedication of members like you that we can carry out our charitable objectives, continue to promote good professional development and the specialty, and support our trainees. The work we do to continue and develop the specialty in examinations, dissertations, and in many other ways is absolutely vital and we are very aware that our members kindly give us their time on top of their paid work and numerous other professional and personal commitments.

So, I would like to thank you wholeheartedly for all your hard work both with the Faculty and for the specialty.

We would be very happy to send a letter to your employer to express how grateful we are to you for the time and effort you dedicate to the Faculty. If you would like us to do this, please email John Rafferty (john.rafferty@fom.ac.uk) with a note of the name and address of your employer, your position in the organisation, and an email address, and we will ensure that they receive a letter conveying our sincere appreciation for your support for the Faculty. If you prefer, we could send the letter to you for you to use on occasions when it would be appropriate.

With thanks and kind regards,

Yours sincerely,

Olivia Carlton

President Faculty of Occupational Medicine Lourlify that to the best of my

knowledge and belief this is a genuine document.

Sona Haniotr

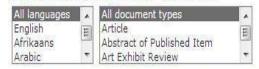
2 3 AUG 2013



Sign In Marked List (0) EndNote ResearcherID Citation Alerts Journal Alerts Saved Searches Log Out Help All Databases Select a Database Web of Science Additional Resources Search Author Search Cited Reference Search Structure Search Advanced Search Search History Web of Science on now with books << Back to previous page Cited Reference Search (Find the articles that cite a person's work) View our Cited Reference Search tutorial. Step 2: Select cited references and click "Finish Search." Hint: Look for cited reference variants (sometimes different pages of the same article are cited or papers are cited incorrectly). CITED REFERENCE INDEX of t Go | | Page 1 References: 1 - 22 of 22 Finish Search Select Page Select All* Clear All Cited Work Citing View Select Cited Author Year Volume Issue Page Identifier ISHOW EXPANDED TITLEST Articles ** Record BAZAS T CHILD LABOR HLTH NOV 1984 BAZAS, T COMPRIPSYCHIAT 1979 20 15 10.1016/0010-440X(79)90055-5 43 View Record in Web of Spierce (B-(Show all authors) BAZAS T COMPREHENSIVE PSYCHI 1977 20 15 BAZAS, T 38 **ENVIRON RES** 1985 2 239 10.1016/0013-9351(85)90088-X View Record in Web of Science ■-[Show all authors] BAZAS T EUROPE NEWS 1980 23 7 1 BAZAST HLTH REV 237 1994 J OCCUP HEALTH Bazas, T 2001 43 3 165 10,1539/joh,43,165 View Record in Web of Science BAZAS, T J ROY SOC MED 1994 87 755 View Record in Web of Science BAZAS T J ROY SOC MED 1994 755 Bazas, T J SOC OCCUP MED 1980 300 31 3 BAZAS, T J SOC OCCUP MED 1980 30 31 12 View Record: in Web of Science LANCET BAZAS, T 1987 1 8548 1490 View Record in Web of Science BAZAST LANCET 1985 239

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Bazas, T ⊞-[Show all authors]	OCCUP MED-OXFORD	2002	52	6	361	10.1093/occmed/52.6.361	2	View Record in Web of Science
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* "Select All" adds the first 500 matches to your cited reference search, not all matches.

** Citing Article counts are for all databases and all years, not just for your current database and year limits.



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22 references matched your query of the 176,894,575 in the data limits you selected.

Key: x = Structure available.

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No. 114005

(EMBLEM OF THE HELLENIC REPUBLIC)
HELLENIC REPUBLIC
MINISTRY OF HEALTH AND SOCIAL SOLIDARITY
OFFICE OF THE SECRETARY-GENERAL

Athens, 13.4.2006 Our Ref: G.G. 1512/13.4.2006

Dr Theodore Bazas
National Secretary of the International
Commission on Occupational Health for Greece
22 Yakinthon Street, 15452 Psychico
ATHENS

Dear Dr Bazas

The staff of the Office of the Secretary-General of the Ministry of Health and Social Solidarity (YYKA) has meticulously studied the contents of the dossier you submitted on Thursday, the 30th of March 2006, concerning the legislative regulation of the Speciality of Occupational Medicine in Greece.

The need to address this issue immediately is recognised, as Occupational Medicine, *interalia*, contributes to disease prevention and to the strengthening of Public Health Services.

As you know, this issue is complex. Therefore, it is necessary to follow a step-by-step approach for solving it, with a view to its comprehensive resolution in due course.

A primary step in this direction would be a recommendation by the Central Council of Health (KE.S.Y.) with regard to the reestablishment of the Committee of Occupational Medicine.

The requisite conditions, procedures and time schedule for the acquisition of the Speciality in Occupational Medicine will be studied and they will be stipulated by a Ministerial Decree, taking into account the need to harmonise national law on this issue with European Union law.

Your contribution to the promotion of Occupational Medicine in our country is significant and your work in your capacity as a representative of national and international organisations promotes the provision of effective services in this field.



Μεταφραστική Υπηρεσία Υπουργείου Εξωτερικών, Αθήνα Service des Traductions du Ministère des Affaires Etrangères de la République Héllénique, Athènes Hellenic Republic, Translations Service, Ministry of Foreign Affairs, Athens

The staff of our Office will keep you informed about any developments on this issue.

THE SECRETARY-GENERAL

ARISTIDIS KALOGEROPOULOS-STRATIS

VISAED FOR ACCURACY

THE HEAD OF SECRETARIAT

L. Panayotopoulos

(signature)

Official round seal: Hellenic Republic

Ministry of Health and Social Solidarity

17 Aristotelous St., 10187 Athens

Tel: 210-5202310/5202570, Fax: 210-5202075, e-mail: ggh@mohaw.gr

Follows Apostille under the Hague Convention of 5 October 1961 issued by the Region of Attica (No. 7211/10.7.2006, signature: Irene Pournara).

Exact translation from Greek of the attacked original document

Athens, 19 July 2006

The translator of the Ministry of Foreign Affairs

Vassilios D. Beleconkias

REPUBLIQUE HELLENIQUE
MINISTERE DES AFFAIRES ETRANGERES
Vu pour legalisation de la pinatura ci-dessus
du Traducteur du Mipristère des Affaires
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PAR DELLUATION DUMINISTRE

NICOLANS CHISTODOULOPOULOS

Μεταφραστική Υπηρεσία Υπουργείου Εξωτερικών, Αθήνα Service des Traductions du Ministère des Affaires Etrangères de la République Héllénique, Athènes Hellenic Republic, Translations Service, Ministry of Foreign Affairs, Athens



DR T BAZAS, ICOH NATIONAL SECRETARY FOR GREECE, WITH MAYOR OF
PHILOTHEI-PSYCHICO MUNICIPALITY (ATHENS, GREECE), MR P. XYRIDAKIS, AWARDING

PRIZES TO WINNERS OF PHOTO COMPETITION "HEALTH PROTECTION AT WORK", 9.3.2011



DR T. BAZAS ADDRESSING THE PLENARY SESSION, FIRE BRIGADE OH CONGRESS, 21.11.2008, ATHENS, GREECE



DR THEODORE BAZAS, ICOH NATIONAL SECRETRY FOR GREECE, WITH MAJOR GENERAL, HEAD OF GREEK FIRE BRIGADE ACADEMY, FIRE BRIGADE OH CONGRESS, 21.11.2008, ATHENS, GREECE



DR THEODORE BAZAS, ICOH NATIONAL SECRETARY FOR GREECE, CHAIRMAN, SESSION "OH CARE OF HEALTH CARE WORKERS", PRESENTING THE INTERNATIONALCODE OF ETHICS FOR OH PROFESSIONALS, 22ND GREEK ARMY MEDICAL CONGRESS, THESSALONIKI, GREECE, 6-9/11/2008



DR THEODORE BAZAS, ICOH NATIONAL SECRETARY FOR GREECE, CHAIRMAN, EDUCATION AND TRAINING IN OH SESSION, 1ST GREEK OH CONGRESS "PREVENTION IS IN EVERYONE'S INTEREST", ATHENS, 29-30/11/2010



DR THEODORE BAZAS, ICOH NATIONAL SECRETARY (NS) FOR GREECE, WITH THE ICOH OFFICERS (PROFESSOR J. RANTANEN, DR K. KOGI, DR S. IAVICOLI) AND ICOH NSs FOR IRELAND & HUNGARY, ICOH NSs MEETING, PARIS, 21.1.2008



DR THEODORE BAZAS, MEMBER OF WHO TASK FORCE "CHILD LABOR & ADOLESCENT WORKERS", PRESENTING PAPER "ATTITUDES OF GENERAL HIGH SCHOOL PUPILS TOWARDS OCCUPATIONAL DISEASES", INTERNATIONAL SYMPOSIUM "YOUTH & WORK", CO-SPONSORED BY WHO & FIOH, ESPOO, FINLAND, 20-22/11/2002



T. BAZAS CHAIRING SESSION "EDUCATION & TRAINING IN OH",ICOH2006,MILAN



DR THEODORE BAZAS, ICOH NATIONAL SECRETARY (REPRESENTATIVE) FOR GREECE, WITH DR HANS HORST KONKOLEWSKI, DIRECTOR GENERAL, EUROPEAN AGENCY FOR SAFETY AND HEALTH AT WORK, ICOH2004, MILAN, 11-16/6/2006



DR THEODORE BAZAS, HEAD OF ST JAME'S HOSPITAL OCCUPATIONAL HEALTH DEPARTMENT, SCMO, WANDSWORTH (DISTRICT) HEALTH AUTHORITY (NHS, LONDON), ABOUT TO DESCEND INTO WANDSWORTH BOROUGH SEWERS TO ASSESS OCCUPATIONAL HEALTH HAZARDS AND REQUIREMENTS OF MEDICAL FITNESS TO WORK FOR SEWER WORKERS. LONDON. 1987



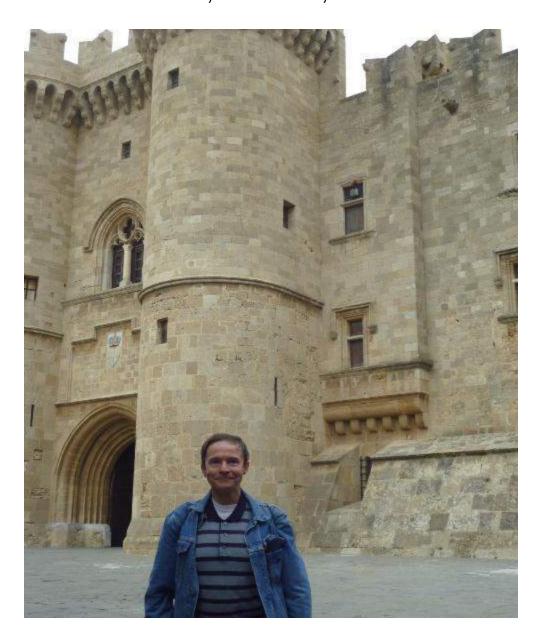
G. CAREER ADVICE

- -GENERAL CAREER LONG TERM STRATEGY(AMAT VICTORIA CUREM)
- -HARD WORK VERSUS INTELLIGENCE
- -COPING WITH FAILURE (RESEARCH, OTHER WORK)
- -PUBLIC RELATIONS: MASS MEDIA, PREACHING TO THE CONVERTED.
- -CRITICISM (COLLEAGUE'S RESEARCH WORK, ETC)
- -LATERAL THINKING (AND ACTING)
- -PERSEVERENCE (Re.: APPLICATIONS, RESEARCH, ETC)
- PREPARING TO RETURN BEFORE LEAVING ONE'S COUNTRY
- BALANCE IN LIFE

DR T. BAZAS BEING AWARDED THE SILVER MEDAL BY THE MAYOR, FOR 2ND PLACE IN THE 5,000 METERS ANNUAL RUN IN THE ATHENS MUNICIPALITY OF PHILOTHEI-PSYCHIKO, NOVEMBER 2011



DR T. BAZAS IN FRONT OF THE PALACE OF THE KNIGHTS OF ST JOHN, RHODES, GREECE, 2013



T. BAZAS, LAYING WREATH ON GREEK NATIONAL DAY, ON BEHALF OF "GREEK RESERVE OFFICERS IN RESERVE ASSOCIATION" (A LEGAL ENTITY OF PUBLIC LAW, SUPERVISED BY THE GREEK MINISTRY FOR NATIONAL DEFENSE)
28 OCTOBER 2010



SOME SUCCESSES

My written proposal for education on health protection at work in general secondary schools submitted to WHO/HQ in 2000, was probably the first ever made to WHO/HQ, was acknowledged by Dr Mike Repacholi, Coordinator, Occupational and Environmental Health, Department of Protection of the Human Environment, WHO/HQ, in his letter to me of 30 September 2001: "...this is a most important plan in Greece to conduct a survey of the perceptions of general secondary school students toward workplace hazards and to follow the survey with the generation of appropriate materials for a health education course in the final years of the secondary school" and has since been acted upon by WHO. [Benefit for future workers].

As the WHO/EMRO RO on NCDs I contributed to ensuring that **only** appropriate and effective medicines, and equipment (in relation to health service provision) were selected by the Ministries of Health of the Member States in the WHO/Eastern Mediterranean Region, and provided to them, improving patient care.

My recommendations as Member of **OM** Committee of Greek Ministry of Health contributed to new legislation regarding improved provision of **OM** services

by more and better trained physicians.

An evaluation of a health education program on work accident prevention

-I spearheaded in a major Greek industry resulted in a significant increase of knowledge in 50% of workers. [Subsequent accident prevention].

 Benefit for asbestos exposed Hospital (South East Thames RHA) maintenance workers (UK).

My proposed:

- Modifications of caddies used by staff for transporting linen inside

 St James's (London) Hospital and of work-method and work

 station (i.e. introducing a "bench-table") for phlebotomists when

 taking blood samples were implemented at St James's' Hospital,

 reducing low back strain at work.
- "OH", "Alcohol" policies were enforced by Wandsworth Borough Council for its workforce.
- All Municipal staff (190) working outdoors were issued with appropriate personal
 protective equipment, on my recommendation, in Philothei Psychico Municipality
 (Athens, Greece, 2012).

MAIN PUBLICATIONS OF DR THEODORE BAZAS

ARTICLES IN PEER REVIEWED MEDICAL JOURNALS

- 1. "Incidence and Seasonal Variation of Suicide Mortality in Greece". T. Bazas, J. Jemos, K. Stefanis, D. Trichopoulos. Comprehensive Psychiatry [USA journal], 1979, 20: 15.
- 2. "Effects of Occupational Exposure to Dust on the Respiratory System of Cement Workers". T. Bazas. Journal of the Society of Occupational Medicine [UK journal], 1980:30-31.

3. "Pleural Calcification in NW Greece". T. Bazas, D. Oakes, J.C. Gilson, B. Bazas, J.C. McDonald. Environmental Research [USA journal], 1985, 38: 239.

[On same subject also: T. Bazas et al, The Lancet [UK journal], 1981, 2: 254, and T. Bazas, The Lancet, 1987,1:1490.

4. "An Evaluation of an Accident Prevention Campaign in a major Greek Industry. T. Bazas, J.M. Harrington. International Journal of Health Education [Journal. Official Organ of the International Union for Health Education, English language edition], 1981, 24: 118.

5. "An Investigation of the Prevalence of Byssinosis in 3 Greek Spinning Mills". T. Bazas, J.M. Harrington, B. Bazas. La Medicina del Lavoro [Italian journal, article in English, abstract in Italian], 1984, 75: 478.

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