Finding and funding a PhD

Penny Longman Careers Consultant 11 Nov 2020



Practical points



- Please keep mics on mute
- Use the chat box lots (look for purple shape with arrows on bottom right to open chat box)
- Trouble with sound? Try leaving and coming back, try a different browser (avoid Edge or Internet Explorer)
- The session will be recorded and put on Moodle

Coming up ...



How to build contacts to develop your career – Tues 17 Nov, 10 am and Wed 18 Nov, 3.30 pm – tips on how to find contacts, initiate conversations, maintain relationships, overcome any hesitations about networking!

Employer talk – Aquarius Population Health – Thurs 19 Nov, 3.30 pm.

Writing a good PhD application – Tues 24 Nov, 10 am and Wed 25 Nov, 3.30 pm

Note the date!



Careers in Global and Public Health, panel discussion Thurs 26 Nov, 5.30 pm (UTC)

Speakers include

Abdisalam Bahwal (Health Specialist, Unicef, Somalia; previously National Program Officer, UNFPA, Somalia);

Cait Berry (Senior Consultant, PPL);

Ngozi Erondu (Senior Scholar and Program Director, Global Health and Politics Initiative, O'Neill Institute; Chief Executive, Project Zambezi; Associate Fellow, Chatham House);

Laura Hallas (Research Assistant, Oxford COVID-19 Government Response Tracker, Blavatnik School of Government, University of Oxford);

Jennifer Panitz (Epidemiology and Information Scientist, PHE Field Service).

What we will cover



- Why a PhD?
- Brief look at academic careers;
- Structure of a PhD;
- Routes in (including some example programmes and deadlines);
- Where to look for advertised PhDs and for funding information;
- Finding the right PhD;
- Insight from a current PhD student
- Self-sourced and funded PhDs;
- Questions...

Why a PhD?



- I would like a long term career in academic research
- I want a PhD to get into industry, or specialist
 / expert roles in non academic organisations
- I want a PhD for long term career progression, for example in NGOs
- Just interested in topic / doing research not sure long term

Academics' suggestions



'Knowing the whys'
(being the 'producer'
rather than one of the
'actors')

'Cognitive need' (wanting/needing to find answers – valued by employers...)

'Contribution to new knowledge'

Career progression/career necessity

What does it take?



Do you have:

Ability to reflect

Determination

Creativity

Resilience

Confidence in your ability

Something you want to research

Ability to keep the bigger picture in mind

The passion to go in to work and do the same thing again even if all your experiments failed last week

Some thoughts from those who have been there



Postdoctoral Researcher:

- It requires a lot of work and dedication. It is important to think about whether you really want to pursue it.
- For some careers a PhD may not be required, but it will always provide you with better ways of thinking and viewing problems.

Associate Editor, a Science Newsmagazine

 Do it because you really love the subject, not because you just want to get ahead.

Senior Scientific Officer, a biotech company

Choose a subject carefully with a job and career path in mind.

Brief look at academic careers



Most people do not stay in academia, but for those who do, titles vary between disciplines/institutions/countries:

- Postdoc research associate/fellow;
- Associate lecturer (often hourly paid);
- Teaching Fellow;
- Lecturer;
- Senior Lecturer;
- Assistant Professor;
- Professor.

Many posts fixed term contracts, especially in early career.

Quotes from academic careers forum



Q: How did you decide academia was for you?

A: I used to think academia was 'only for really clever people, now I know it's really determined people who sit down and get the damned thing done'.

The attraction of academia:

- You think about this new thing and it keeps being new.
- Being inquisitive in nature and being persistent.
- Biggest joy is being the first person to make a discovery (makes up for all the hours and weeks and years when you're trying to do something and it keeps on failing – you need to be drive").
- you are the world expert in that thing.

PhD – structure and types



- A novel, in-depth study of specific field original contribution;
- Results in written report as Thesis or Dissertation;
- Oral examination, with 2+ experts ('Viva') follows submission.
 Publication(s) preferable;
- Often initially registered as MPhil before 'upgrade';
- Work closely with 1, or more, experienced researchers;
- UK: Traditionally, 3 yrs Increasingly 4 yr programmes (in sciences);
- Part time PhDs possible;
- LSHTM 'staff PhD';
- Most in Universities and other HEIs
- Other places: Government Labs, Hospital labs, Research Institutions, Commercial labs;

PhD 'routes'



Structured programme (Centres for Doctoral Training/Doctoral Training Partnerships):

- At universities PhD places funded by;
 - UK Research councils (e.g. BBSRC, MRC, ESRC);
 - Research charities, e.g. Wellcome, CRUK, Gates Foundation;
 - Transnational organisations e.g. EU (...?);
- Advertised Collaborative / 'CASE' studentships universities & external collaborator.

Specific PhD (like applying for specific job)

At universities – advertised PhD studentships funded by existing 'PI' grant.

'Staff PhD'

Study while working (eg research assistant/fellow.

'Bespoke' - approach supervisor, put together proposal and then apply for / arrange funding:

- Research scholarships/bursaries at host university;
- Charity funding;
- Research councils;
- Overseas funding bodies/British Council;
- Self-funded.

PhD 'by publication'.

Other doctoral studies, such as DrPH.

Funding for international students



- For funded places check details of each scheme –
 some open to international applicants, others not;
- Also check level of funding (often only home fees);
- Useful info: <u>FindaPhD.com guide</u>;
- Filter search to restrict to <u>PhDs with funding for non UK/EU applicants</u>;
- Funding from home country/government;
- Get involved with project and PhD opportunity may come from that;
- PhD at non-UK university.

Insight from a current PhD student



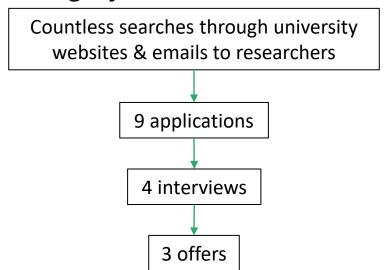
Deji Oloko

Joint PhD in Global Health & Epidemiology with Nagasaki University

Education:

MSPH Global Disease Epidemiology and Control, Johns Hopkins University BSc Hons Biomedical Sciences, Newcastle University

Finding my PhD:



Myths:

- International students can't find funding*
- You need to have publications
- You have to want to stay in academia



Centres for Doctoral Training (CDTs)/Doctoral Training Partnerships (DTPs)



- 4 year (usually) funded PhD programmes offered by most funding councils;
- Located in individual HEIs or consortia of HEIs;
- Taught elements, transferable skills, some placements;
- First year rotate between different projects, focus on own project in years 2-4;
- Some relevant research councils (depending on your research background/interests):
 - BBSRC (Biotechnology and Biological Sciences Research Council);
 - MRC (Medical Research Council);
 - ESRC (Economic and Social Research Council);

BBSRC and ESRC funded programmes



- <u>LIDo</u> (inc LSHTM) London Interdisciplinary Doctoral Programme, closing date 22 Jan 2021;
- Oxford Doctoral Training Centre (various application deadlines, some as early as 13 Nov 2020);
- Cambridge Biosciences BBSRC DTP;
- Manchester.

<u>14 ESRC funded DTPs</u> and one ESRC funded Centre for Doctoral Training: <u>Data Analytics and Society Centre for Doctoral Training</u> (Leeds, Liverpool, Manchester, Sheffield).

ESRC funded DTP including LSHTM: <u>Ubel</u> (UCL, Bloomsbury and East London).

MRC funded programmes



Example: MRC London Intercollegiate Doctoral (LID) Training Partnership studentships

All <u>research training projects</u> funded through this programme will address one or more of the MRC's skill priorities and lie within one of three research themes:

- Global Infectious Disease;
- Quantitative Skills for Large Data Sets;
- Evaluation of Complex Interventions.

Further info available mid to late November.

Charity funded programmes



Wellcome – large source of grant funding.

Wellcome Sanger Institute – clinical and non-cl programmes, deadline 15 Dec 2020 for clinical December 2020 for non-clinical.



Cancer Research UK – eg <u>Institute of Cancer Research</u> (ICR) – deadline 15 Nov 2020.

Some other programmes



Various options at <u>Imperial</u>.

Crick PhD Prog -

• 4 year programme; UCL, Imperial, Kings, deadline 12 Nov, all nationalities.

Heidelberg Institute for Global Health.

DKFZ International PhD programme in Heidelberg, deadline 15 Dec 2020.

<u>Johns Hopkins Bloomberg School of Public Health</u> (offers PhD and DrPH).

US postgraduate study



Academic/Research Master's Degree

- 2 years;
- Complete a thesis;
- Can lead to doctoral study.

Doctoral Degree

- 4 6 years (subject & funding dependent);
- 2 years course work oral & written qualifying exams;
- Doctoral Candidacy 2/3 years dissertation research;
- At end, dissertation & oral exam 'Defense';

A key difference to UK: all degrees include research & taught components.

Find out more from the Fulbright Commission.

Collaborative Doctoral Studentships



- Carried out in collaboration with non-academic organisations ('industry');
- Contribute resource and intellectual support and mentoring for the project;
- 4 years, at least between 3 to 18 months 'on site';
- Commonly 'CASE' studentships.

Info:

UKRI information on CASE studentships;

PhD or DrPH?



Another option with a professional emphasis: <u>DrPH at LSHTM</u>.

"The DrPH programme leads to a doctoral-level qualification and is intended for leaders and future leaders in public health."

Key components:

- A taught component comprising two compulsory modules;
- Research Study I: an Organisational and Policy Analysis (OPA) project;
- Research Study II: a research project leading to the production of a thesis.

Requires relevant experience in areas of public health policy, management and/or leadership.

Advertised PhDs



Applying to specific project.

Where to look:

<u>FindaPhD.com</u>, use the advice and funding sections too; <u>lobs.ac.uk</u>.

When? More all year round than programmes offered by DTPs.

Questions to consider



- How good are the facilities?
- What is the research reputation of the group / department (REF)?
- Will I get formal training? techniques, seminars;
- What topic would I like to research?
- What useful research skills will I develop?
- Are department systems in place if I need help?

Advice from postdoc researcher:

Find a research area that you really enjoy and choose wisely when picking a supervisor and PhD programme.

Key qualities of good supervisor:

• Approachable, available, amenable.

What if you don't have particular area of interest?



Quotes from a previous Academic Careers Forum

KM – you can concentrate on particular methods rather than specific disease area. I use electronic health records whatever the disease area. It is more fun if you're interested in it!

JC – I use molecular microbiology techniques – they are applicable globally to many diseases.

But, there is no hurry to embark on a PhD.

'Bespoke' PhD – proposal + funding



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Find Supervisor;
Submit research proposal;
Apply for PhD place – must meet academic requirements.
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Find Funding:

Apply for host institution grants & bursaries (check deadlines); Apply for funding from charitable awards (check deadlines); PhD student loan;

Part-time PhD & Research Assistant post ('staff' PhD option); Period of work before embarking on PhD; For international students – funding from home country; Investigate potential sources of funding at least 12 months before the relevant academic year;

Alternative guide to postgraduate funding.

Approaching potential supervisors



Guidance from UCL (useful for any university) on <u>how to</u> <u>contact potential supervisors</u>.

- Have a clear idea of the problem you seek to study;
- Know the staff and their specific research interests align your approach accordingly;
- Be flexible about other options for research;
- Research potential funding options.

Tips for grant applications/proposals



Those evaluating your proposal/application for money will look for:

- Your track record and your potential;
- A 'timely' research question (emphasise why now is the right time to address this question);
- Supporting pilot data which indicates the question is an important one to ask (but is only pilot data – eg the question has not yet been tackled fully);
- Indication that you are well set up to address the question (it will be feasible to collect data, it can be done within the time frame).

Give clear project details which show you are the right person to tackle the question, the question is an important one, you are well set up to answer it.

Make sure you meet the expectations of the funding organisation, be overt in referring to their aims and expectations.

Be clear about the difference between aims and objectives in setting out your proposal:

Aims: the changes in knowledge that you want to achieve – your vision for the future. Objectives: deliverables – activities you will perform to achieve the aim (aim for 3 objectives).

Identifying research groups and opportunities



Institutional Research Databases/information such as:

- LSHTM Centres, Research Groups and Research Projects;
- UCL Institutional Research Information Service;
- Kings Research Portal;
- UK Research and Innovation gateway.

Further resources for funding information:

- The Alternative Guide To postgraduate funding;
- <u>FindAPhD.com Funding section</u>;
- Postgraduate Funding Guide from Prospects;
- Host institution website.

Future events + recorded resources



- How to build contacts to develop your career Tues 17 Nov, 10 am and Wed 18 Nov, 3.30 pm – tips on how to find contacts, initiate conversations, maintain relationships, overcome any hesitations about networking.
- **Employer talk Aquarius Population Health** Thurs 19 Nov, 3.30 pm (the speaker did her PhD at LSHTM).
- Writing a good PhD application Tues 24 Nov, 10 am and Wed 25 Nov, 3.30 pm.
- Recordings of 'Academic Careers Forum' discussions in this section of Moodle.
- <u>Dr Paul Barr 'Walking through open doors: an accidental career in academia'</u>.

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