1-to-1 Appointments

Step 1: Clarify What You Want

Answer these 4 questions first:

- 1. **Role**: what role do you want to do? (e.g. research, project management, analysis, policy, communications, fundraising, etc.) What are the specific job titles?
 - a. See grad data
 - b. See Mindmap
 - c. Search on LinkedIn
 - d. See Public Health Career Pathways (below)
- 2. **Organisation**: what type of organisation do you want to work for? (e.g. academic, consulting, think tank, local/national government, charity, NGO, INGO, etc.)
- 3. **Location**: where do you want to be located; and where do you want your projects to be located? (e.g. do you want to be remote/office based; do you want to work on projects in LMICs, Global North, etc.)
- 4. **Mission**: what problem do you want to work on solving? (e.g. malaria, non-communicable diseases, anti-microbial resistance, etc.)

Next, with answers to these questions, create a 'career development' spreadsheet as follows:

ORGANISATION	WHAT THEY DO	WHERE THEY WORK	PEOPLE TO CONTACT	OPPORTUNITIES / PROGRESS / NOTES

In order to populate this spreadsheet and progress with job/career opportunities...

Step 2: Search for Opportunities

(I) Advertised Jobs

- Jobs on LSHTM Moodle (right hand side) and LSHTM Connect (job tab)
- LinkedIn Jobs and Google Jobs (with all filters & notifications)
- 'Where to find Public Health jobs' on LSHTM Moodle here

(II) Searching for Organisations

Destinations of LSHTM graduates 2012-2017 here

- Destinations of LSHTM graduates 2019-2023 here
- LSHTM Careers Fair participant organisations here

(III) Networking, Recommendations

- LSHTM Student Career Experience Repository <u>here</u>
- **LSHTM Connect** directory that you can search/filter here (sign up for free for a profile)
- LinkedIn page filtered for LSHTM Alumni here

Step 3: Apply for Opportunities

(I) CV

- Example CV on Moodle here
- Video on **How to write a spectacular CV** here
- **Skills dictionary** for building your CV/Cover Letter <u>here</u>

(II) Cover Letter

• Cover Letter Example on Moodle here

Note: Check your CV and Cover Letter using CareerSet

(III) Interviews

- How to prepare for interviews here
- Additional support on eCareersGrad here

6 1. Core Public Health Career Pathways

A. Health Policy, Management, and Systems

Focus: Designing, implementing, and evaluating health policies, programmes, and systems. **Employers:** Ministries/Departments of Health, NHS England, WHO, World Bank, LSHTM, think tanks, NGOs.

Entry-level roles:

- Policy Officer / Analyst
- Health Policy Assistant
- Health Systems Research Assistant
- Programme Coordinator / Project Officer
- Monitoring & Evaluation (M&E) Officer
- Health Services Research Assistant

B. Epidemiology & Disease Surveillance

Focus: Collecting, analysing, and interpreting data to understand disease patterns and guide interventions.

Employers: UKHSA, CDC, ECDC, WHO, research institutions, NGOs.

Entry-level roles:

- Epidemiology Assistant / Analyst
- Surveillance Officer
- Data Analyst (Public Health)
- Research Assistant in Epidemiology
- Field Epidemiologist (Junior level, e.g., EPIET training)

C. Biostatistics, Data Science & Health Informatics

Focus: Statistical analysis, modelling, and data interpretation for health research and policy. **Employers:** LSHTM, NHS, NIHR, academic institutions, data-driven health tech companies. **Entry-level roles:**

- Biostatistician (Junior)
- Health Data Analyst
- Research Data Scientist
- Statistical Officer
- Research Assistant (Quantitative focus)

D. Global Health & Development

Focus: Addressing international health challenges such as infectious diseases, maternal health, and health systems strengthening.

Employers: WHO, UNICEF, Save the Children, Médecins Sans Frontières, PATH, LSHTM, DFID/FCDO.

Entry-level roles:

- Global Health Project Officer
- Programme Assistant / Coordinator
- Health Advisor (Junior)
- Research Assistant (Global Health focus)
- Health Partnerships Officer

E. Health Promotion, Behaviour Change & Communication

Focus: Designing and evaluating health education and behaviour change interventions. **Employers:** Local councils, NGOs, NHS Trusts, Public Health England, social marketing agencies.

Entry-level roles:

- Health Promotion Officer
- Public Health Practitioner (Trainee)

- Community Health Development Worker
- Behaviour Change Project Officer
- Health Communications Coordinator

F. Environmental & Occupational Health

Focus: Understanding environmental and workplace risks and designing interventions to protect population health.

Employers: WHO, Public Health England, Local Authorities, Environment Agency.

Entry-level roles:

- Environmental Health Officer (trainee or assistant)
- Occupational Health Advisor (junior)
- Environmental Health Project Officer
- Health & Safety Analyst

G. Public Health Nutrition

Focus: Addressing diet-related health issues, food policy, and nutrition interventions. **Employers:** WHO, UNICEF, NGOs, NHS, FAO, LSHTM, community health organisations.

Entry-level roles:

- Public Health Nutritionist (Junior)
- Nutrition Project Officer
- Research Assistant (Nutrition focus)
- Nutrition Policy Assistant

H. Health Economics & Financing

Focus: Evaluating cost-effectiveness and resource allocation in healthcare and public health programmes.

Employers: NICE, WHO, LSHTM, academic institutions, consultancies (e.g., York Health

Economics Consortium, IQVIA).

Entry-level roles:

- Health Economist (Assistant/Junior)
- Research Assistant in Health Economics
- Economic Evaluation Analyst
- Cost-effectiveness Researcher

I. Academic & Research Careers

Focus: Advancing knowledge through public health research and teaching.

Employers: LSHTM, universities, research institutes.

Entry-level roles:

- Research Assistant
- Research Fellow (junior)
- PhD Researcher
- Teaching Assistant / Associate