

Exemplar Student-name

PhD researcher (Epidemiology) at
London School of Hygiene and Tropical Medicine
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Summary

Final year PhD researcher at the London School of Hygiene and Tropical Medicine, with experience creating new research collaborations, and a background in teaching and management. Since 2018, my research interests have focused on social epidemiology and the relationship between income and employment on health: I am keen to continue to build on my published research in this area.

Education

PhD Epidemiology, London School of Hygiene and Tropical Medicine **2019-2022**

- Thesis: Understanding the relationship between health and work in the UK labour market: an epidemiological study
- Expected submission: October 2022

MSc Social Epidemiology, UCL (Distinction) **2018-2019**

- Modules included: Social Epidemiology, Advanced Statistical Methods, Study Design, Non-Communicable Diseases, Epidemiology & -Omics
- Dissertation: Mental health and employment absence in the UK: a literature review

BA (Hons) Economics and Mathematics, University of Oxford (First) **2010-2013**

- Optional thesis: Meta-analysis of the relationship between socio-economic background and progression to further education from compulsory education in the UK
- Collaborated with three non-profit organisations to analyse their data with public data

Research projects

PhD Thesis **2019-2022**

- Mapped the relationship between employment status and a group of health indicators
- Determined the strength and direction of the association using [quantitative techniques] on key datasets
- Combined quantitative data with a qualitative study, conducting interviews with 120 individuals, using [qualitative techniques]
- Highlighted a set of 23 dominant trends supported by both the qualitative and quantitative aspects of the studies, and the linear and networked relationships between them.

'Care about Casual', Mind for Men **Summer 2021**

- Proactively contacted the charity, to share findings from my PhD study, and explore collaborative opportunities, given their surveys in this regard.
- Employed [statistical techniques] to analyse their own specific longitudinal data relating to the development of depression in the working-age male population.
- Co-creation of an infographic campaign aimed at employers to highlight the impact of casual and zero-hours work on mental health.

MSc Dissertation

2019

- Conducted a literature review of the relationship between mental health and employment absence in the UK.
- Ensured a detailed and thorough approach focused on quantitative and qualitative studies over the last 50 years.
- Delivered a chronology of the key developments in research in this area, as well as a commentary on key trends in the literature.

Grants and funding awards

Health and Work Foundation (final round applicant, result due July 2022)

2022-2024

£25,000 bid: Multivariate analyses of public sector employee absence data

Health Data Foundation (achieved)

2021

£5,000 bid: Collaborative and speculative bid with charity Mind for Men, which funded my summer research project and subsequent infographic campaign

Publications ORCID: 0000-0001-2345-6789

Student-name, F., Banner, B., Stark, A. et al. (2022) Patterns in mental health outcomes for workers moving into casual employment: a longitudinal study 2005-2019. *Relevant Journal of Health A*. 12(2), 111-123. (Published online: <https://doi.org/12.3456/a>)

Student-name, F., Causal, C., et al. (2021) What does casual work have to do with it? The link between depression and casual work (published online: https://mindformen.co.uk/this_study)

Stark, A., **Student-name, F.**, Banner, B., et al. (2021) Patterns in mental health outcomes for workers moving out of unemployment: a longitudinal study 2005-2019. *Relevant Journal of Health A*. 12(2), 111-123. (Published online: <https://doi.org/12.3456/b>)

Stark, A., Banner, B., **Student-name, F.**, et al. (2020) Multivariate analysis of health data with and improved estimation of employment factors. *Relevant Journal of Health A*. 12(2), 111-123. (Published online: <https://doi.org/12.3456/c>)

Conferences and presentations

University of Gotham, Joint PhD student conference

2022

Presentation: 'Comparators between UK and US employment data and their relevance for global health research'

University of Wakanda, Social Epidemiology International Conference

2022

Presentation: 'Multivariate analysis on the impact of casual employment on health indicators'

UK Health Data Network, PhD student conference

2022

Workshop: 'Collaborating with charities for research and outreach: experience and reflection'

UK Health Data Network, PhD student conference

2021

Online presentation: 'Impacts on health of re-entering employment in the UK'

Awards and achievements

The ULTRON award for innovative external collaboration

2021

London School of Hygiene and Tropical Medicine

ConnectED award for high-quality collaborative undergraduate research

2013

University of Oxford

Professional and teaching experience

Employment Resources and Training Manager, HR Resources UK 2015-2018

- Contributed to company portfolio of training activities and learning resources for staff
- Initiated and delivered an online learning environment for 24/7 access to training materials
- Led a team of three, prioritising our work based on staff needs and business objectives
- Developed strong working relationships with divisional managers, leading to two new collaborative projects, one of which won the internal 'Breaking Silos' award in 2017
- Supported others: received a 'gold star' on my development review based on feedback from my direct reports, managers, and peers for positive contribution to team morale.

Secondary School Teacher, TeachFirst (Birmingham Academy) 2013-2015

- Selected to this competitive graduate programme for teacher training in areas of deprivation
- Completed intensive training programme in 6 weeks, before teaching a full class load
- Supervised my Year 9 (13–14-year-old) tutor group, taking responsibility for pastoral care
- Volunteered to lead a school-wide initiative to raise awareness of mental health, coordinating 20 student volunteers and engaging 70% of the school community in activities from pupil mindfulness classes to staff mental health first aid training.
- Managed a 30-hour teaching week with 25 hours of additional administration, marking and planning, plus additional termly leadership training with the TeachFirst programme.

Technical skills

Quantitative techniques: multivariable modelling, cluster-randomised trials, meta-analysis, and systematic review, and linear, logistic, Cox and Poisson regression models.

Qualitative techniques: including questionnaire design, sampling strategies, and documentary, observational and participatory research approaches.

IT skills: Stata, R, and Microsoft Office suite (including Excel, SharePoint and Teams).
Confident user of Windows and macOS operating systems.

References

Dr Incredibly Senior-Andimpressive, Director of the Centre for Relevant Research:
i.s.andimpressive@relevant.ac.uk

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Dr Masters Tutor, Research Fellow, Department of Epidemiology, UCL: m.tutor@ucl.ac.uk